## DR. SALLY SPENCER-THOMAS

## TWO EVENTS- TO REGISTER PLEASE CALL 402-841-3834 OR E-MAIL DONNA68701@YAHOO.COM

JANUARY 29, 2015 FROM 8:00 AM -09:30 AM

HOPE ILLUMINATED: POSITIONING SUICIDE PREVENTION & ADVOCATING FOR A TIPPING POINT OF CHANGE

**JANUARY 30, 2015 FROM 7:30 PM TO 1:00 PM** 

WORKING MINDS: SUICIDE PREVENTION IN THE WORKPLACE & FAITH COMMUNITIES

LOCATION: FAITH REGIONAL HOSPITAL WEST CAMPUS

NEBRASKA ROOM



Suicide is a political, as well as medical, psychological, social and economic topic of concern. Hope illuminated engages participants about how to constructively channel this concern into effective & collective action. It also talks about what it means to be a suicide prevention advocate, how to engage local media and how to create a point of change about this topic.

The majority of people who die by suicide are working age, yet very little has been done to target this population. Workings Minds talks about how to have a strategic suicide prevention plan at the workplace, understand trends in suicide, the model of suicide risk and starts a blueprint for creating social change for suicide prevention in the communities.

Dr. Spencer-Thomas provides a very unique view about suicide prevention as advocate, clinician and a person who survived her brother's suicide.

EVENT SPONSORED BY NORTHEAST COMMUNITY COLLEGE, NORTHEAST NEBRASKA COALITION FOR SUICIDE PREVENTION, STATE COALITION FOR SUICIDE PREVENTION AND BLUE CROSS AND BLUE SHIELD OF NE

EVENT FREE OF CHARGE AND CEU'S WILL BE PROVIDED FOR NURSES, SOCIAL WORKERS AND MENTAL HEALTH PRACTITIONERS